

Obstetrics and Gynecology Timeline

Initial Advisor to Contact (even if you're not sure yet): Melody Hou, MD MPH

We'll meet for a quick assessment of your application and discussion of strategies

February/March: Group session about the application process

- General information on OBGYN residency and types of programs
- You should designate a primary advisor in May (Dr. Hou will help assign you one)

May: Email your advisor to set up your first meeting to review your records

- Discuss letter writers: need three letters (a few programs allow four)
 - 1) OBGYN chair
 - 2) Faculty in OBGYN who know you well
 - 3) Other faculty who knows you well (especially Surgery or inpatient IM)
 - 4) a research/extracurricular mentor who knows you well
- Openly discuss your scores, evaluations, and CV to determine competitiveness and possible programs
- Finalize 4th year rotations by this point.
 - 1) Usually one AI, maybe 2 AIs for your schedule
 - 2) If there are weaknesses in your application, plan on 3 away rotations where you may match
- Away "audition" rotations can help but also could hurt you. Consider if you do well in these situations.
- Plan for interview schedules, beginning in late October peaking in November and December.

July: ERAS, Personal Statement (PS), Curriculum Vitae (CV), and letters

- Have your first draft of your PS and CV ready to review with your advisor by July 1st (usually via email, but if you're having a lot of trouble an in-person meeting may help)
- "Meet" with letter writers by phone, email, or in-person (This includes the Chair!)
- Email AND bring a hard copy of your PS, CV, transcript, and ERAS cover sheet to your writers

August: meet with advisor to review ERAS application (may complete via email)

- Review and Finalize ERAS application, PS, and confirm LORs are in by Aug 31st
- All ERAS elements should be in by 9/1 (to submit 9/15)

September: Interview Group session: PG1s and PG2s will share experiences

October 1st: MSPE released. Most programs roll out interview invites in October although some earlier

- Do a Mock Interview by the end of October. This is meant to be hard to give you feedback

November/December: Most interviews happen now -- Not good for doing "heavier" electives

January: Post-interview review with your advisor

- What programs did you like? Did you follow up with your favorite programs? (controversial)
- Start putting Match list together with your advisor. Programs you want advisors to contact?

February: Final session to review your rank order list, due mid-February

March – Match day!

Resources:

- Dr. Hou's "UC Davis SOM Pursuing a Residency in OBGYN: Parts 1 & 2 and Dr. Hou's two PowerPoint presentations "Pursuing Residency in OBGYN"
- APGO Website: <http://www.apgo.org/binary/ResidencyProgram.htm>
- ERAS: <https://www.aamc.org/students/medstudents/eras/residency/432546/resources-residency-info.html>